

Trekking & Rafting in Eastern Nepal

10 November 2025

Nepal...

is a small country, less than 200 km wide, situated between China and India. It has nine of the highest peaks in the world, tropical jungle, thirty different indigenous groups, six languages and many dialects, two main religions and over nine hundred temples.

All this is just a touch of what makes Nepal intricate and beautiful.

The Rafting Mecca..

Nepal is known as the best destination for explorers, travelers, high caliber mountaineers and trekkers.

What few people know is that from the Himalayas and particularly in Nepal are flowing the best rivers in the world!

All this makes Nepal the world's kayaking and rafting "mecca"!



Tamur river – East Nepal

Tamur is the easternmost river in Nepal. It flows near the border with Sikkim, India.

It starts from one of the great 8000s, Kanchenjunga, and flows with a pretty good gradient until its confluence with the Sun Koshi at Tribenighat forming the huge *Sapta Koshi* ⁽¹⁾ that bends southward through the hills of Mahabharat, reaching the Ganges plain.

(1) Sapta Koshi means 7 rivers.

The tributaries that form Sapta Koshi are: Bote Koshi (Mt. Shishapangma 8027 m), Dudh Koshi (Mt. Everest 8848 m), Arun (Mt. Makalu 8481 m), Tamur (Mt. Kangchenjunga 8,586 m), Liku (Mt. Likhu Chuli 6719 m), Indravati, Tamba Koshi.

The adventure...

departs from Kathmandu, the capital of Nepal, a multi-colored city, the city of the wonderful artisan and local handy craft markets, the aim of all travelers and departure point on many Himalayan expeditions.



By plain...

we fly across Nepal and land in the Easternmost airport, near Sikkim border....



By bus...

we reach Basantapur, a small village in the mountains where the road ends and where we begin our trekking!



Four days trekking...

through astonishing views such as Makalu and Kanchenjunga, across small villages, Buddhist temples, puzzled looks, friendly smiles and finally we reach the secluded valley of the Tamur



November...

is the clearest month in the mountains. If we are lucky, we will have the most astonishing views of the big 8000, like Makalu and Kanchenjunga.



At Dobhan

we finally reach the river, set up our camp on the white sandy beach and have time for a bath in the crystal-clear water.



6 days Rafting...

to discover the secrets of the river world and live in complete harmony with nature, navigating entirely self-supported for 180 Km.



Amazing white water...

rapids alternate with calm waters where we peacefully float down the river.



Life on the river...

is fabulous.

We get up with the first daylight, enjoy a hearty breakfast and break down camp.



We pack...

all our gear in drybags which we tie securely onto the rafts.

A good warm up and off we go!...

...paddling into new adventures.



Every day...

we spend 3 to 5 hours on the water,
stopping along the shore for a relaxing lunch break.
In the afternoon we choose a nice beach and set up camp for the next night.



It is beer o'clock

time for chat and snacks, sitting around the fire, we share dinner and stories with old and newfound friends.



Look up at the sky...

before you go to sleep, you will be awed by the uncountable stars and by the beauty of the night far away from any civilization.





By now you're probably asking yourself...

"Can I join this expedition?..."

YES!...

No need to be experts in rafting!

Our trips are for *energetic, flexible and curious* people with a *fresh positive attitude*.

If you have already done a little camping that helps, and if this is your first experience, you will learn quickly.

Everyone is an active participant not only on the river, but also in camp, pitching up the tents, loading and unloading the rafts, and helping out in the kitchen!

A simple life, in tune with the elements, in good company.

*Write to get the full program
and
for any information not covered in these pages.*

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